

Asthma/Reactive Airway Treatment Plan

1. Albuterol- give breathing treatments every 4 hours for the first 2 days, waking pt up during the night and day. Space subsequent treatments out: Every 6 hours for the next 2 days, every 8 hours for 2 days, every 12 hours for 2 days, once a day for 2 days. After the first 2 days there is no need to wake pt up to give them a treatment. If they are coughing and awoken and it would be time for treatment it may be given. Try to not give a treatment 4 h prior to f/u appt.
2. Steroids- oral medication given once daily for 5 days. Give first dose today when you pick it up and then begin daily doses tomorrow morning, once per day.
3. Cool Mist Humidifier- run nightly near the head of the bed.