

## RECOMMENDED READING

The Complete and Authoritative Guide: Caring for Your Baby and Young Child, Birth to Age 5

Author: Steven P. Shelow, M.D.

Healthy Sleeping Habits, Happy Child Author: Marc Weissbluth, M.D.

Solve Your Child's Sleep Problems Author: Richard Ferber, M.D.

1-2-3 Magic (Discipline Method) Author: Thomas Phelan, Ph.D.

Seven Steps to Homework Success

Author: Sydney S. Zentall Ph.D. and Sam Goldstein, Ph.D.

Problem Solver Guide for Students with ADHD Author: Hravey C. Parker, Ph.D.

Attention Deficit Disorder and Learning Disabilities

Author: Barbara D. Ingersoll, Ph.D. and Sam Goldstein, Ph.D.

How to Get Your Kids to Eat. . . But Not Too Much Author: Ellyn Satter

How to Win at Sports Parenting Author: Jim and Janet Sundberg

Bringing up Boys Author: Dr. James Dobson

The Strong Willed Child Author: Dr. James Dobson

Your Child's Weight: Helping Without Harming Author: Ellyn Satter

Child of Mine: Feeding with Love and Good Sense Author: Ellyn Satter

Phoenix for Families Author: Michelle Burgess

The Wonder of Boys Author: Michael Gurian

Toilet Learning Author: Alison Mack

## Web Links:

### Immunization Information

[www.vaccineinformation.org/safety.asp](http://www.vaccineinformation.org/safety.asp)

[www.cdc.gov/od/science/iso/abot\\_iso.htm](http://www.cdc.gov/od/science/iso/abot_iso.htm)

[www.immunize.org](http://www.immunize.org)

[www.immunizationinfo.org](http://www.immunizationinfo.org)

### General Parenting Resource

Star Sleeper: [www.starsleeper.nhlbi.nih.gov/](http://www.starsleeper.nhlbi.nih.gov/)

[www.safekids.org](http://www.safekids.org)

Internet Safety: [www.netsmartz.org](http://www.netsmartz.org)

Consumer Product Safety Commission: [www.cpsc.gov/](http://www.cpsc.gov/)

American Academy of Pediatrics: [www.aap.org](http://www.aap.org)

National Highway Traffic Safety Administration: [www.nhtsa.dot.gov](http://www.nhtsa.dot.gov)

Breastfeeding and Medications:

[www.babycenter.com/general/physrecoverybaby/8790.html%20](http://www.babycenter.com/general/physrecoverybaby/8790.html%20)

Venomous Critters: [www.pharmacy.arizona.edu/index.php](http://www.pharmacy.arizona.edu/index.php)

Autism Link: [www.autism-society.org](http://www.autism-society.org)

Arizona Early Intervention Program: [www.azdes.gov/azeip/faq.asp](http://www.azdes.gov/azeip/faq.asp)

[www.raisingarizonakids.com](http://www.raisingarizonakids.com)

[www.quackwatch.com](http://www.quackwatch.com)

[www.wetbuster.com/alarms.htm](http://www.wetbuster.com/alarms.htm)